

**Premorbid**

Service User:

Name	Stephen Jones
Date of birth	22.5.62
NHS number	123 456 7890
Therapist	Phil Murgatroyd
Profession:	Occupational therapist
Date	1.7.17

Activity	Description	Score
<b>Mobility</b>		
Mobility in the home	Independent	4
Mobility < 500m	Independent	4
Mobility > 500m	Independent	4
Steps (<3 steps)	Independent	4
Stairs (>3 steps)	Independent	4
<b>Transport</b>		
Drive	NA	0
Public transport	Independent	4
Use car as passenger (incl. Transfers)	Independent	4
<b>Personal care</b>		
Shower or bath	shower daily	4
Dress	Independent	4
Groom	Independent	4
Eat and drink	Independent	4
Toilet including continence management	Independent	4
Medication management	Independent	4
<b>Domestic tasks</b>		
Prepare meals	Also for 2 sons	4
Light housework	Also for 2 sons	4
Heavy housework	Also for 2 sons	4
Shop	Independent in supermarket	4
<b>Productivity</b>		
Paid work	2 x jobs - shops	4
Education		0
<b>Community , Social and Leisure</b>		
Home maintenance and gardening		0
Child and adult care		0
Religious & volunteer		0
Sport/fitness	Cycling	4
Activities with others outside home	Socialising with family	4
Solitary leisure outside home		0
Media usage (TV, reading, Internet) (main activity only)	TV	4
Other leisure activities in the home (main activity only)	Looking after birds	4

**Admission**

Service User:

Name	Stephen Jones
Date of birth	22.5.62
NHS number	123 456 7890
Therapist	Phil Murgatroyd
Profession:	Occupational therapist
Date	1.8.17

Activity	Description	Score
<b>Mobility</b>		
Mobility in the home	Independent with quad stick	3
Mobility < 500m	Ceased	0
Mobility > 500m	Ceased	0
Steps (<3 steps)	Ceased	0
Stairs (>3 steps)	Physically assisted + 2nd bannister	1
<b>Transport</b>		
Drive	NA	0
Public transport	Ceased	0
Use car as passenger (incl. Transfers)	Ceased	0
<b>Personal care</b>		
Shower or bath	Strip wash, phys assist by Reablement	1
Dress	Physically assisted Reablement + family	1
Groom	Physically assisted Reablement	1
Eat and drink	1 handed	3
Toilet including continence management	Assist family/reablement	1
Medication management	SV daughter	2
<b>Domestic tasks</b>		
Prepare meals	Ceased	0
Light housework	Ceased	0
Heavy housework	Ceased	0
Shop	Ceased	0
<b>Productivity</b>		
Paid work	Ceased	0
Education		0
<b>Community, Social and Leisure</b>		
Home maintenance and gardening		0
Child and adult care		0
Religious & volunteer		0
Sport/fitness	Ceased	0
Activities with others outside home	Ceased	0
Solitary leisure outside home		0
Media usage (TV, reading, Internet) (main activity only)	Reduced concentration	3
Other leisure activities in the home (main activity only)	Ceased	0

## Discharge

Service User:

Name	Stephen Jones
Date of birth	22.5.62
NHS number	123 456 7890
Therapist	Phil Murgatroyd
Profession:	Occupational therapist
Date	1.9.17

Activity	Description	Score	Modified Performance?
<b>Mobility</b>			
Mobility in the home	Independent with single point stick	3	<input checked="" type="checkbox"/> Yes/No
Mobility < 500m	SV w stick	2	<input checked="" type="checkbox"/> Yes/No
Mobility > 500m	Ceased	0	<input type="checkbox"/> Yes/No
Steps (<3 steps)	SV + new grabrail	2	<input checked="" type="checkbox"/> Yes/No
Stairs (>3 steps)	Independent w 2 x banisters	3	<input type="checkbox"/> Yes/No
<b>Transport</b>			
Drive	NA	0	<input type="checkbox"/> Yes/No
Public transport	Ceased	0	<input type="checkbox"/> Yes/No
Use car as passenger (incl. Transfers)	Independent adapted method	3	<input checked="" type="checkbox"/> Yes/No
<b>Personal care</b>			
Shower or bath	Independent with bathroom modifications	3	<input checked="" type="checkbox"/> Yes/No
Dress	Independent with adapted method	3	<input type="checkbox"/> Yes/No
Groom	Independent 1 handed method	3	<input type="checkbox"/> Yes/No
Eat and drink	1 handed technique, Nelson knife	3	<input checked="" type="checkbox"/> Yes/No
Toilet including continence mgt	Independent with toilet frame	3	<input checked="" type="checkbox"/> Yes/No
Medication management	Independent	4	<input type="checkbox"/> Yes/No
<b>Domestic tasks</b>			
Prepare meals	I, fewer + simpler meals	3	<input type="checkbox"/> Yes/No
Light housework	Ceased	0	<input type="checkbox"/> Yes/No
Heavy housework	Ceased	0	<input type="checkbox"/> Yes/No
Shop	Internet	3	<input type="checkbox"/> Yes/No
<b>Productivity</b>			
Paid work	Ceased	0	<input type="checkbox"/> Yes/No
Education		0	<input type="checkbox"/> Yes/No
<b>Community, Social and Leisure</b>			
Home maintenance and gardening		0	<input type="checkbox"/> Yes/No
Child and adult care		0	<input type="checkbox"/> Yes/No
Religious & volunteer		0	<input type="checkbox"/> Yes/No
Sport/fitness		0	<input type="checkbox"/> Yes/No
Activities with others outside home	Always with family	2	<input type="checkbox"/> Yes/No
Solitary leisure outside home		0	<input type="checkbox"/> Yes/No
Media usage (TV, reading, Internet) (main activity only)	Nil attention problems reported	4	<input type="checkbox"/> Yes/No
Other leisure activities in the home (main activity only)	Resumed, but not to same extent	3	<input type="checkbox"/> Yes/No

## Activity Performance Measure - Summary Scores

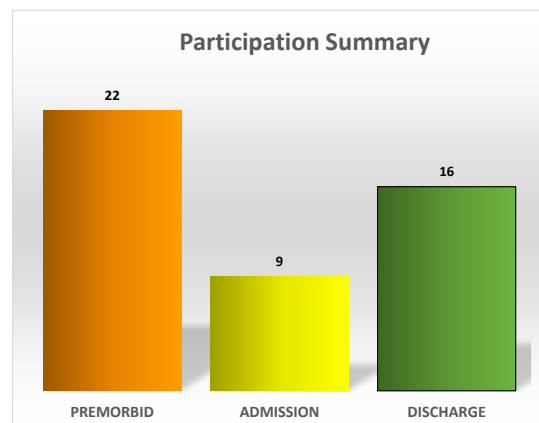
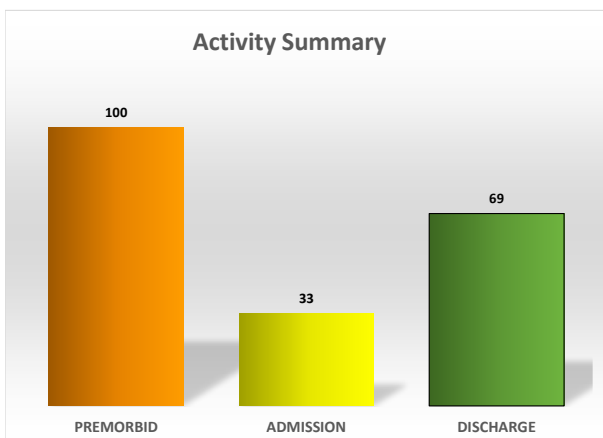
Service User:			
Name	Stephen Jones		
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Therapist	Phil Murgatroyd		
Profession:	Occupational therapist		
Dates	1.7.17	1.8.17	1.9.17

Item scores	Premorbid	Admission	Discharge
<b>Mobility</b>			
Mobility in the home	4	3	3
Mobility < 500m	4	0	2
Mobility > 500m	4	0	0
Steps (<3 steps)	4	0	2
Stairs (>3 steps)	4	1	3
<b>Transport</b>			
Drive	0	0	0
Public transport	4	0	0
Use car as passenger (incl. Transfers)	4	0	3
<b>Personal Care</b>			
Shower or bath	4	1	3
Dress	4	1	3
Groom	4	1	3
Eat and drink	4	3	3
Toilet including continence management	4	1	3
Medication management	4	2	4
<b>Domestic Tasks</b>			
Prepare meals	4	0	3
Light housework	4	0	0
Heavy housework	4	0	0
Shop	4	0	3
<b>Productivity</b>			
Paid work	4	0	0
Education	0	0	0
<b>Community, Social and Leisure</b>			
Home maintenance and gardening	0	0	0
Child and adult care	0	0	0
Religious & volunteer	0	0	0
Sport/fitness	4	0	0
Activities with others outside home	4	0	2
Solitary leisure outside home	0	0	0
Media usage (TV, reading, Internet) (main activity only)	4	3	4
Other leisure activities in the home (main activity only)	4	0	3

Activity Summary	Score
premorbid	100
admission	33
discharge	69

Participation Summary	Score
premorbid	22
admission	9
discharge	16

Adaptation Summary	Score
Adaptation Summary	7



## Activity Performance Measure - Rehab needs at admission

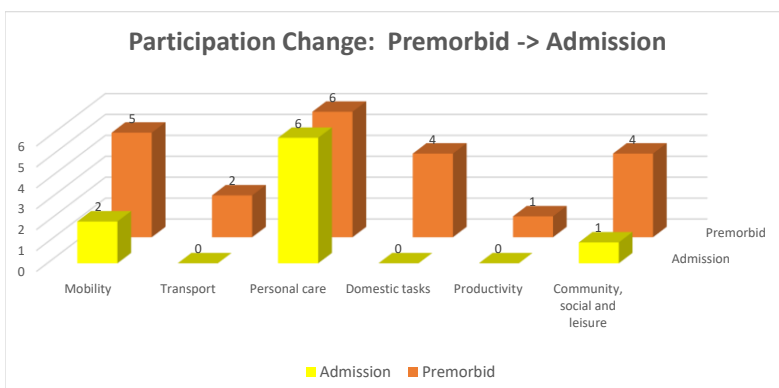
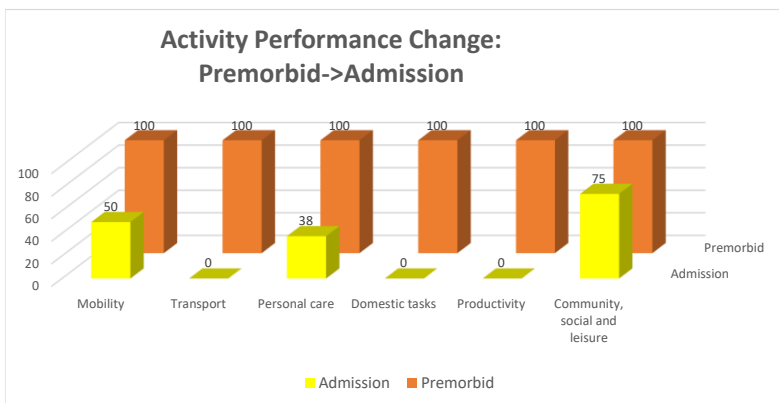
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This APM report is intended to serve as a means of assessing and reporting on how a person performs their normal everyday activities, and also the extent of their involvement in life situations.

Rehab needs at admission represents the extent of loss of function by this person at the time of admission, compared to how the person was pre-injury or premorbidly. A large change in number equals a large loss of function in that area.


The APM results should be used by a qualified clinician, with current certification in using the APM, in combination with other clinical sources of information, in order to identify rehabilitation goals and chart improvement in activity and participation.

Results at a Glance			
	Premorbid	Admission	Change at admission
Activity Summary	100	33	-67
Participation Summary	22	9	-13
How many activities saw functional loss at admission			22
Number of activities where service user received carer support	0	6	+6





This chart shows the change in activity limitation at admission, compared with premorbid



This chart shows the change in participation, or involvement in life areas, at admission compared with premorbid

## Activity Performance Measure - Rehabilitation Outcome

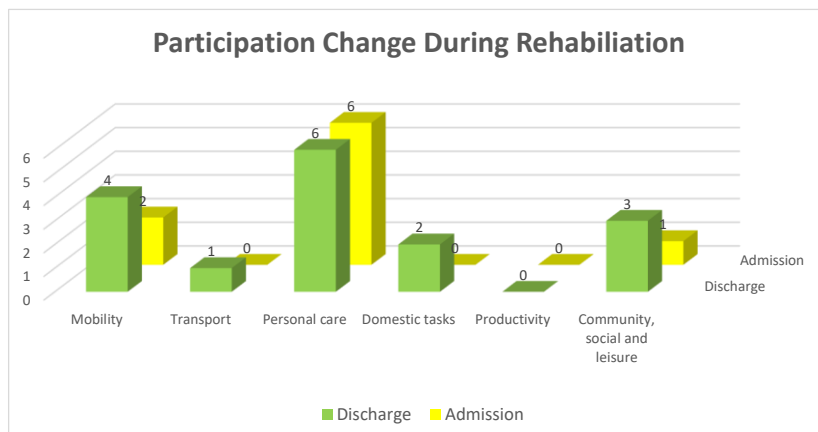
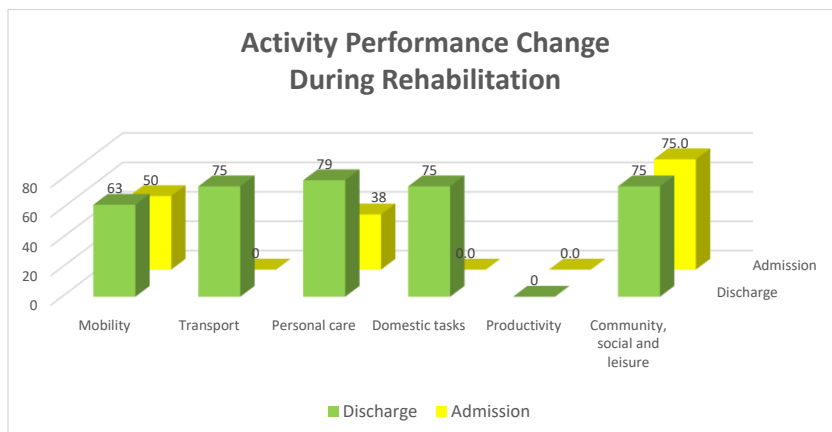
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This APM report is intended to serve as a means of assessing and reporting on how a person performs their normal everyday activities, and also the extent of their involvement in life situations.

Rehab outcome represents the amount of improvement made by the person during rehabilitation, compared to how they performed activities at the time of admission to the service. A large change in number equals a large functional gain in that area.


The APM results should be used by a qualified clinician, with current certification in using the APM, in combination with other clinical sources of information, in order to identify rehabilitation goals and chart improvement in activity and participation.

Results at a Glance			
	Admission	Discharge	Change at discharge
Activity Summary	33	69	+36
Participation Summary	9	16	+7
Number of activities where service user got carer support	6	3	-3
Number of activities where the person returned to independence or normal lifestyle			2
How many activities saw limitation reduced during the admission			14





This chart shows the reduction in activity limitation during



This chart shows the change in participation, or involvement in life areas, during rehabilitation



Yes

No