

## SAMPLE REPORT ON SERVICE USER IN RESIDENTIAL ABI UNIT: ADMISSION

### BACKGROUND

This case study is set in a residential brain injury unit (Blagdon House). The service user is a 23-year-old woman called Jade, who had a brain injury when some scaffolding collapsed on her. After hospital she returned home to live with her parents, but had numerous behavioural and functional problems including not maintaining personal hygiene, aggressive behaviour in the community and not managing medication safely. When it became clear the parents could no longer cope, her case manager sourced funding for residential rehab.

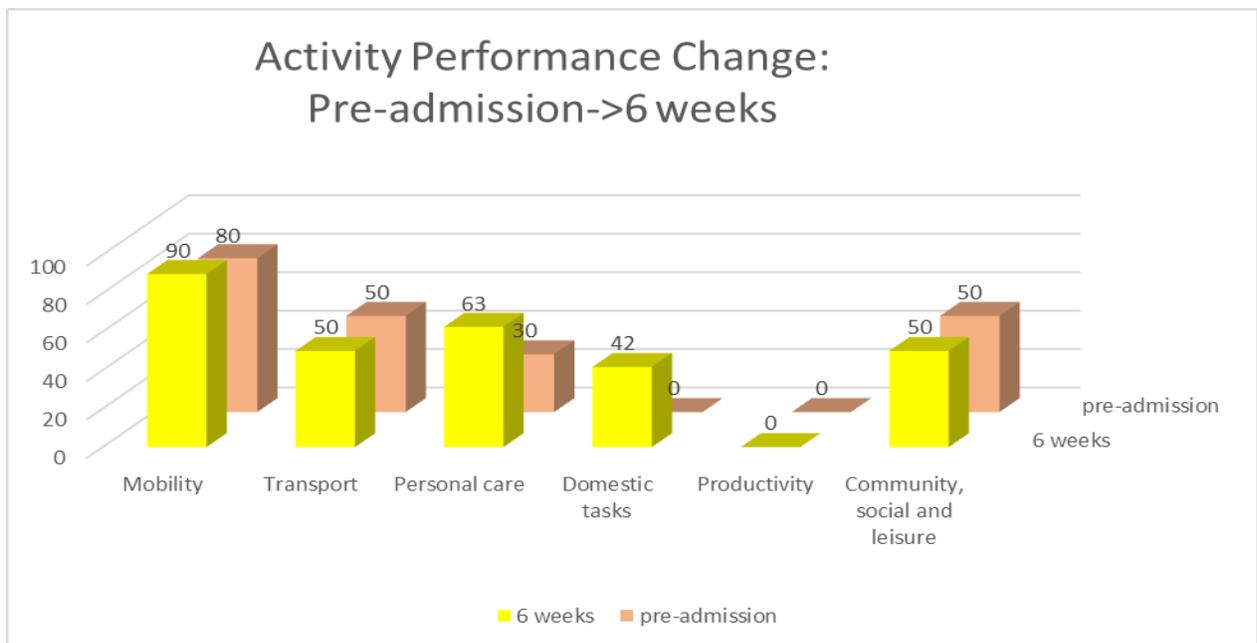
The unit works using a six-week period of initial assessment and treatment. In this case, the baseline period described in the report below is the situation at home just before the admission..

**PROGRESS DURING 6-WEEK ASSESSMENT: ACTIVITY AND PARTICIPATION**

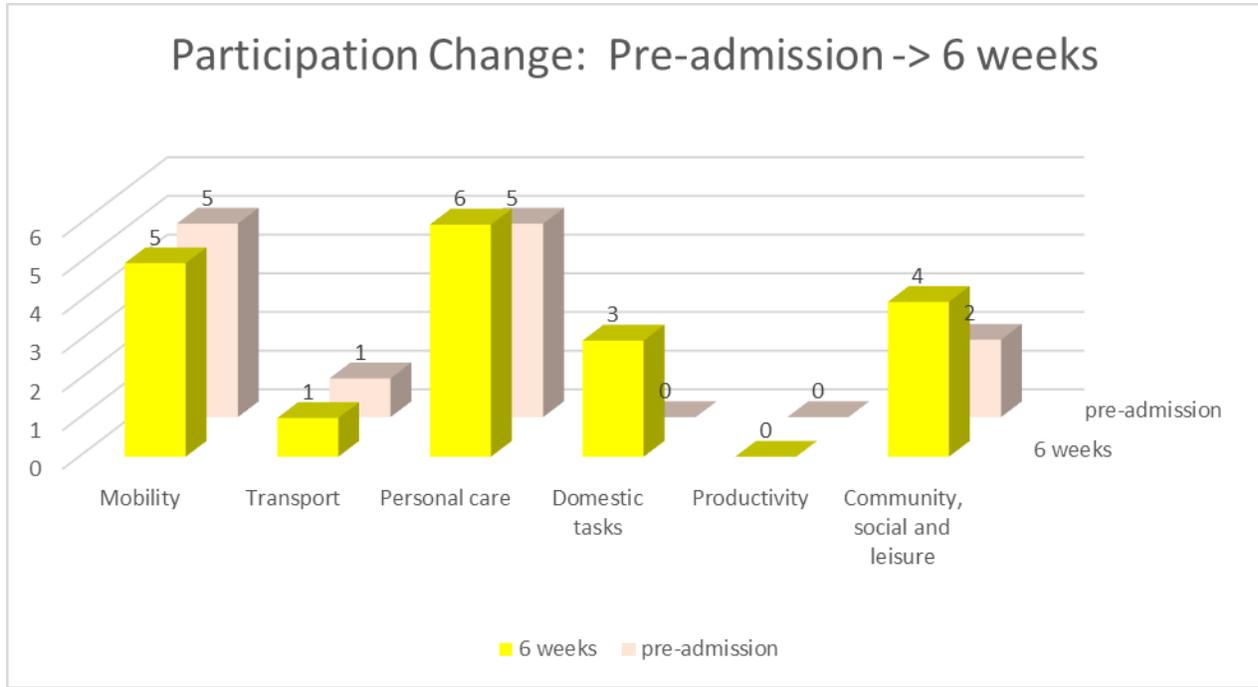
In summary, Jade has made good progress in the areas of activity and participation, and after six weeks in Blagdon House her APM Activity Summary had increased to 63 APM points (moderate limitation) from 53 (borderline severe limitation). The introduction of functional retraining and the structured routine of the unit led to immediate improvements in domestic tasks, plus a move towards independence and greater effectiveness in personal care. Jade also succeeded in limiting device use to avoid migraines. In terms of participation (the life areas a person is involved in), Jade’s APM Participation Summary has increased from 13 at pre-admission to 19 after six weeks, with Jade developing domestic involvement and taking part in unit social activities with staff supervision. The following APM table and chart summarise and represent these life changes.

Results at a Glance			
	Premorbid	Admission	Change at admission
Activity Summary	54	63	9
Participation Summary	13	19	6
How many activities saw functional loss at admission			0
Number of activities where service user received carer support	8	13	5

Looking at the reduction of activity limitation, we see improvement in domestic tasks and personal care in particular.



As for participation, the picture is similar, with clear gains in community activities, domestic and also the start of more effective medication management.



### SUMMARY AND RECOMMENDATION: ACTIVITY AND PARTICIPATION

Jade has settled into Blagdon House well during the 6-week assessment period. She has shown a good response to new learning strategies and after an initial period of frustration and verbal aggression, has started to function more happily within the structured routine. As noted in the psychology report, Jade's anxiety has declined and this is also helping with functional performance. We have discussed goals with her and identified the following priorities:

- Become fully independent in personal care
- independent community access
- identify transferable community/leisure activities, mirroring intended discharge destination of independent living in flat with carer visits to support

## Options

The APM produces far more detailed information about the performance of relevant activities, which have not been included in these summaries, but are useful in goal setting and reporting at a more detailed level.

To see how Jade progressed during the next rehab period go to the next sample report.