

## SAMPLE REPORT ON SERVICE USER IN RESIDENTIAL REHAB UNIT: DISCHARGE

### Background

This case study follows the continued rehabilitation of Jade in a residential brain injury unit (Blagdon House). Jade had a brain injury when some scaffolding collapsed on her. When living with her parents came close to breakdown, she has started residential rehab.

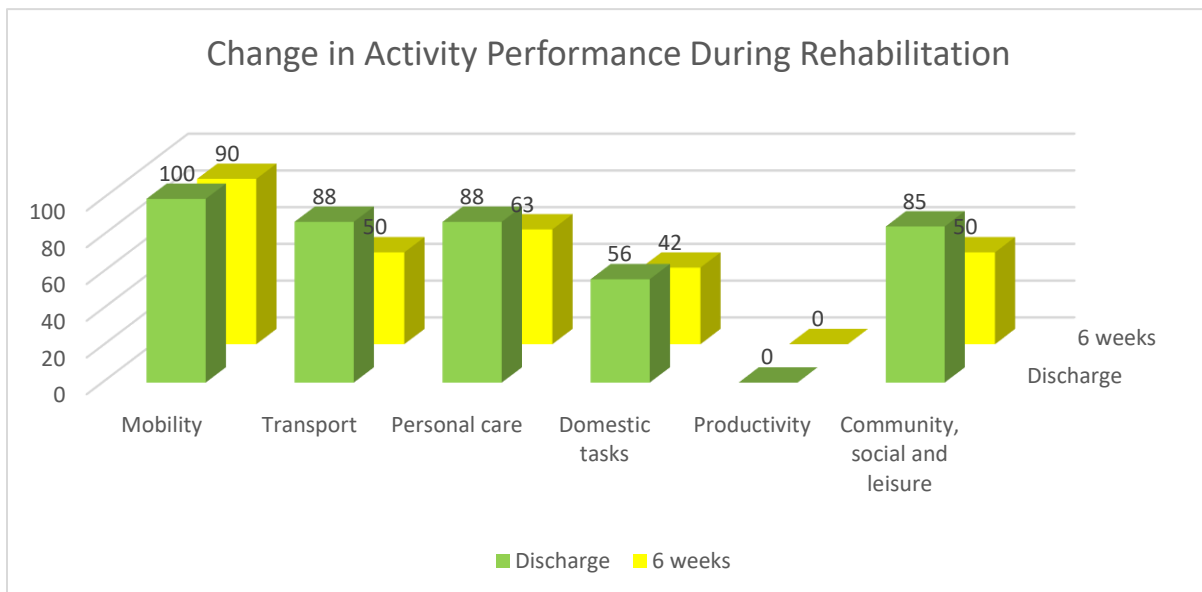
Jade responded well to the unit approach in the initial six-week period of assessment and treatment. She then had a 12-week period of rehabilitation ending with 4 weeks in a transitional living flat. This report looks at her progress in activity and participation and makes recommendation for her support needs after Blagdon.

## PROGRESS DURING 12-WEEK REHABILITATION PERIOD: ACTIVITY AND PARTICIPATION

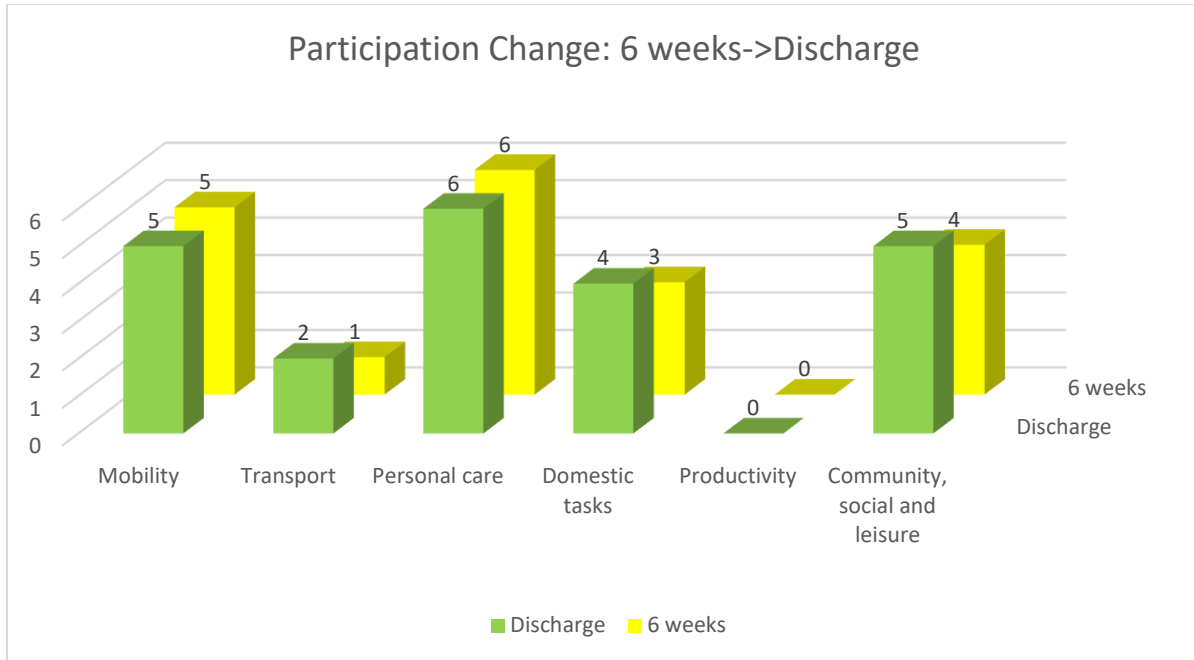
In summary, during the 12 week rehabilitation period Jade continued to make good progress in the areas of activity and participation. Her APM Activity Summary increased to 84 (moderate limitation) from 63 as Jade developed a range of new skills, improving in 11 varied activity categories. As for participation (the life areas a person is involved in), Jade’s APM Participation Summary has increased to 22 from 19. The number of activities where she required carer support declined by 9 and she became fully independent in 7 activities. The following APM table and chart summarise and represent these life changes.

Results at a Glance			
	Admission	Discharge	Change at discharge
Activity Summary	63	84	21
Participation Summary	19	22	3
Number of activities where service user got carer support	13	4	-9
Number of activities where the person returned to independence or normal lifestyle			7
How many activities saw limitation reduced during the admission			11

Looking at the reduction of activity limitation, we see improvement across the board but especially in community, social and leisure activities, domestic activities, transport use (now independent on public transport) and personal care (some prompting still required). Green represents performance at discharge and yellow the levels after the 6-week assessment period.

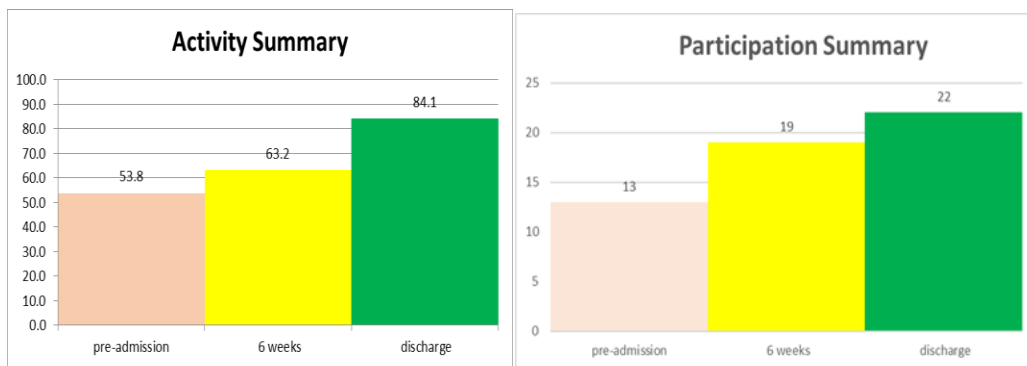


As for participation, the picture is similar, with further gains in community, transport and domestic tasks.



**SUMMARY AND RECOMMENDATION: ACTIVITY AND PARTICIPATION**

Jade has progressed well throughout her 18-week admission at Blagdon House, as shown by the following charts of showing the consistent increases in APM Activity and Participation Summaries:



She has now reached the point where we recommend she moves into her own flat in the community, with 2 daily carer visits to prompt with domestic tasks to ensure thoroughness and reliability and

monitor safety. We also recommend OT follow-up monthly at first to monitor the carry-over of functional skills to the new environment.

### Options

The APM can also be used to report on a larger number of rehab periods or interim reports.

Progress in individual target activities can also be charted at a tangible level, readily understood by funders and family as well as clinicians.